

**PAST, PRESENT
 AND FUTURE
 DIABETES IN SOUTH ASIANS**

THURSDAY 28TH AND FRIDAY 29TH NOVEMBER 2019

THE BIRMINGHAM BOTANICAL GARDENS

ACCESS TO THE BOTANICAL GARDENS IS RESTRICTED DURING THE CONFERENCE



Agenda

Day 1 – Thursday, 28th November 2019

Time/duration	Session	Presenter(s)
09:00–09:30	Registration and exhibition	
09:30–09:40	Chair's welcome: SAHF 20 years on: Past, present and future	Dr Kamran Abbasi
09:40–10:00	SAHF perspective	Professor Paramjit Gill
10:00–10:20	Diabetes UK perspective	Mr Chris Askew
10:20–10:40	NHS diabetes perspective	Professor Jonathan Valabhji
10:40–10:55	Q&A and discussion	
10:55–11:15	Coffee break	
11:15–11:45	Keynote lecture: The DIRECT trial <ul style="list-style-type: none"> • How the data can be translated for the South Asian population • Specific advice on diet and lifestyle 	Professor Michael Lean
11:45–12:15	Update on the genetics of diabetes <ul style="list-style-type: none"> • T1DM, T2DM, MODY • Differentiation between T1DM and T2DM <ul style="list-style-type: none"> - How to make the correct diagnosis - Real-world cases 	Dr Shivani Misra
12:15–12:40	Young T2DM: Epidemiology, phenotype, differences, therapies	Dr Srikanth Bellary
12:40–13:25	Lunch break	
13:25–14:10	Value beyond glycaemic control <i>Symposium sponsored by AstraZeneca</i>	Dr Marc Evans
14:10–14:40	SGLT2 Inhibitors: Whose drugs are they anyway? The parable of the elephant and the 6 blind monks	Professor Vinod Patel
14:40–14:55	Coffee break	
Masterclass – 1st rotation		
14:55–15:25	Masterclass 1: Models of care in the South Asian community	Dr M Ali Karamat & Professor Azhar Farooqi
	Masterclass 2: Diabetes in the elderly	Dr Amar Puttanna & Dr Sam Seidu
	Masterclass 3: Engaging community pharmacists	Mr Satyan Kotecha & Mr Charles Odiase
Masterclass – 2nd rotation		
15:30–16:00	Masterclass 4: Empowering South Asians to manage their own condition	Professor Cathy Lloyd & Dr Michelle Hadjiconstantinou
	Masterclass 5: Diabetic Nephropathy – latest updates	Dr Ateeq Syed and Dr Winston Crasto
	Masterclass 6: Models of care in the South Asian community (repeat of Masterclass 1)	Dr M Ali Karamat & Professor Azhar Farooqi
16:00–16:20	Coffee break	
16:20–16:50	Language matters	Professor Partha Kar
16:50–17:30	One plus one doesn't always have to be two <i>Symposium sponsored by Sanofi</i>	Dr Amar Ali

Day 2 – Friday, 29th November 2019

Time/duration	Session	Presenter(s)
08:30–08:50	Day 2 registration and exhibition	
08:50–09:30	Developing Type 2 diabetes guidelines in 2019: The evidence and the challenges	Professor Wasim Hanif
09:30–10:00	Cities changing diabetes – focus on Leicester	Professor Melanie Davies
10:00–10:30	There are too many diabetes drugs, we don't need SGLT2 when we have GLP1s. There are too many diabetes drugs, we don't need GLP1s when we have SGLT2s.	Professor Baldev Singh & Dr Abd Tahrani
10:30–10:50	Refreshments and exhibition	
10:50–11:25	The South Asian Health Foundation International Consensus Guidelines for the Management of Type 2 Diabetes in South Asians 2019	Dr Sarah Ali and Dr Mujahid Saeed
11:25–11:45	Foetal origins and pregnancy	Professor Ponnusamy Saravanan
Lifetime achievement award		
11:45–12:15	Demystifying diabetes in South Asians	Professor Wasim Hanif
12:15–12:45	Journey of a slum dog researcher	Professor Kamlesh Khunti
12:45	Close	Professor Kiran Patel

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20TH
ANNUAL CONFERENCE
OF THE SOUTH ASIAN HEALTH FOUNDATION
MUSCULOSKELETAL STREAM PROGRAMME

FREE EVENT

**Interdisciplinary
Musculoskeletal
Conference:
Education and Research**

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09:30–09:40	Chair's welcome: SAHF 20 years on: Past, present and future	Dr Kamran Abbasi
Delegates move to Loudon suite		
09:40–10:10	Cardiovascular disease: Knowledge of risk in South Asians with rheumatoid arthritis: Data from India and the UK	Dr Kanta Kumar
10:10–10:40	Ankylosing spondylitis in South Asians	Dr Arumugam Moorthy
Masterclass		
10:40–11:00	Masterclass 1: Challenges and solutions to best care for South Asians with musculoskeletal conditions	Dr Arumugam Moorthy
11:00–11:20	Coffee break	
11:20–11:40	Masterclass 2: South Asians' understanding of musculoskeletal conditions and strategies to engage the community	Dr Kanta Kumar
11:40–12:00	Masterclass 3: Partnerships between community and primary, secondary and tertiary care in developing care pathways for South Asian patients with rheumatological conditions	Dr Kanta Kumar & Dr Arumugam Moorthy