



International
Diabetes
Federation



in collaboration with



March
25
2021

**IDF / DaR
Guidelines
Workshop
UK / EU**

This program is supported by



IDF-DaR Guideline Best Tips Workshop

12:00PM UK Time
01:00PM CET Time

12:00 - 12:10 PM

Introduction: DAR-IDF

**Mohamed Hassanein
Andrew Boulton
Akhtar Hussein**

12:10 - 12:30 PM

Pre-Ramadan Assessment and Risk Scoring

Mohamed Hassanein

- Risks vs benefits of fasting
- Risk scoring and religious view
- Role of pre-Ramadan education
- BG monitoring when and how

12:30 - 12:50 PM

Practical considerations for T2D- OHG/GLP-1 RA

Wasim Hanif

- Nutrition changes in Ramadan
- Timing and dose adjustment of OHG
- Timing and dose adjustment of GLP1-RA
- What to do for those on multiple therapies

12:50 - 01:10 PM

Insulin modification during Ramadan fasting

Ateeq Syed

- Timing and dose adjustment of basal insulin with or without GLP-1RA
- Timing and dose adjustment of mix-insulin
- Timing and dose adjustment of basal/bolus
- Pump and CGM best tips

01:10 - 01:30 PM

Management of special groups during Ramadan

Tahseen Chowdhury

- Chronic Kidney disease
- Cardiovascular disease
- Pregnant women
- Age considerations for the elderly

01:30 - 02:00 PM

Panel Discussion

Full faculty

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SAHF / DaR Conference

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We see healthcare not as
it is, but as it should be

SAHF-DaR Conference

02:00PM UK Time
03:00PM CET Time

Chair: Vinod Patel

02:00 - 02:05 PM **Chair's introduction**

**Wasim Hanif
Mohamed Hassanein**

02:05 - 02:30 PM **Hypoglycaemia in Ramadan – how significant is this problem**

Mohammad Alhadj Ali

- To understand and to be able to describe how significant is the epidemiology of hypoglycaemia in Ramadan.
- To be able to describe the complications related to hypoglycaemia in Ramadan.
- To learn strategies and technologies to prevent hypoglycaemia

02:30 - 02:55 PM **Diabetes in COVID Times**

Sarah N Ali

- Implications of fasting in Ramadan during the COVID-19 pandemic
- Recommendations for those with diabetes who wish to fast safely

02:55 - 03:20 PM **Diabetes- A risk worth managing
This is an AstraZeneca sponsored symposia**

Yassir Javaid

03:20 - 03:45 PM **Technology in Ramadan**

Muhammad Ali Karamat

- Timing and dose adjustment of basal insulin with or without GLP-1RA
- Timing and dose adjustment of mix-insulin
- Timing and dose adjustment of basal/bolus
- Pump and CGM best tips

03:45 - 04:15 PM **Elderly and Management – management of the older person in Ramadan**

Azhar Farooqi

- Chronic Kidney disease
- Cardiovascular disease
- Age considerations for the elderly

04:15 - 04:45 PM **Panel Discussion**

Full faculty

04:45 - 05:00 PM **Conference Close**



Mohamed Hassanein

Consultant Endocrinology, Dubai Hospital, Dubai, Honorary Prof of Medicine, Gulf Medical University, UAE, Deputy Director, PG Diabetes Education, Cardiff University, UK



Wasim Hanif

Professor of Diabetes & Endocrinology, Consultant Physician, & Head of Service in diabetes at University Hospital Birmingham. Honorary Professor of Medicine at University of Warwick



Ateeq Syed

Consultant Physician & Endocrinologist, Heart of England NHS Trust, Birmingham



Tahseen Chowdhury

Clinician in the Department of Diabetes and Metabolism at the Royal London Hospital, London



Mohammad Alhadj Ali

WCAT Clinical Lecturer Diabetes and Endocrinology and Principal Investigator Cardiff University School of Medicine and University Hospital of Wales



Sarah N Ali

Consultant in Diabetes & Endocrinology at the Royal Free Hospital, London



Yassir Javaid

Cardiovascular lead Nene CCG, Primary Care Cardiovascular lead, East Midlands Clinical Network



Muhammad Ali Karamat

Consultant Physician and Honorary Lecturer Diabetes and Endocrinology University Hospitals Birmingham NHS Foundation Trust and an honorary lecturer at Birmingham University



Azhar Farooqi

Chair and GP University of Leicester and East Leicester Medical Practice, Leicester



Vinod Patel

Professor, Diabetes and Clinical Skills Warwick Medical School, University of Warwick

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