



**A SPECIAL MESSAGE
TO
SOUTH ASIAN WOMEN**

Have you had one-to-one counselling/psychotherapy with a qualified, non-South Asian Therapist and did you have at least 12 sessions?

If so, I would like to invite you to take part in my doctoral research about your...

**Experience of Cultural Difference
When Having Had Psychological Therapy**

The focus of this research is to look at your experience of having had counselling/psychotherapy alongside your everyday life as a South Asian woman.

If you would like to know more and/or are interested in sharing your experience in an anonymous way for the benefit of other individuals who may have therapy in the future, please do contact me.

Researcher Name: Charanjot Kaur Jheeta
Email Address: charanjot.jheeta@metanoia.ac.uk
Contact Number: 07494 947 048

I look forward to hearing from you.