

# Health Needs in Ramadan: A Healthcare Approach



**AGENDA: SAHF and DaR's 8th Ramadan Conference on Thursday 8th February, 2024**

TIME	TITLE OF TALK	SPEAKER
08:00 - 09:00	Registration	
09:00 - 09:10	Chair's introduction	Professor Wasim Hanif and Professor Mohamed Hassanein
09:10 - 09:40	Not-fasting Ramadan; the forgotten group	Professor Mohamed Hassanein
09:40 - 10:10	New Studies in Ramadan	Dr Sarah Ali
10:10 - 10:40	Technology and safety of fasting in Type 1 Diabetes; the tool or the outcome?	Dr Sufyan Hussain
10:40 - 11:00	Safety of SGLT2i in Fasting	Dr Elamin Abdelgader
11:00 - 11:30	Break	
11:30 - 12:00	Improving access to cardiorenal protection in T2DM: implementing NICE guidance <small>This is a promotional symposium sponsored and organised by AstraZeneca, intended for GB HCPs only.</small>	Professor Vinod Patel
12:00 - 12:30	Can Technology help everyone fast during Ramadan? Time to revisit the guidelines	Professor Wasim Hanif
Oral presentations by Trainees		
12:30 - 12:40	Adaptation of Managing Diabetes in Ramadan Guidelines in the NHS: A study of organisation in areas of England with a large Muslim Population	Dr Atif Abdulla
12:40 - 12:50	Ramadan is not associated with increased infection risk in Pakistani and Bangladeshi populations: Findings from controlled interrupted time series analysis of UK primary care data	Dr Shahjehan Hanif
12:50 - 13:00	Low-energy diets and Ramadan	Ryan Kelsey
13:00 - 13:10	A study of 512 diabetes-related ketoacidosis episodes shows no added risk or impact on outcomes during Ramadan: Results from DEKODE Study	Professor Ali Karamat
13:10 - 14:00	Lunch	
14:00 - 14:30	Diabetic foot disease and fasting during Ramadan	Dr Mujahid Saeed
14:30 - 15:00	Are SGLT2i the new 'statins' - the shifting paradigm of risk-based prevention <small>This session is organised and sponsored by Menarini for UK healthcare professionals only.</small>	Dr Waqas Tahir and Dr Rahul Mohan
15:00 - 15:30	Insulin management in Ramadan	Dr Aaisha Saqib
15:30 - 15:45	Break	
15:45 - 16:15	Managing the Elderly in Ramadan	Dr Samara Afzal
16:15 - 16:45	Medico religious aspects in Ramadan	Imam Yunus Dudhwala and Professor Ali Karamat
16:45 - 17:15	Lifetime Achievement Award : Impact of Fasting on Health and Disease	Professor Dr. Abdul Jabbar
17:15 - 17:20	Chair's concluding remarks	Professor Wasim Hanif and Professor Mohamed Hassanein

The sponsoring companies have had no input into the conference agenda, speaker selection or presentations with the exception of the symposium sessions, for which the respective company are fully responsible.

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